SPEAKER SHEET

Cecile Walters Trotter

Licensed Master Social Worker (LMSW)
The Authenticity Center, Lafayette, Louisiana

About Cecile

Cecile Walters Trotter, LMSW, works with women navigating the complicated middle years of adulthood. Before becoming a therapist she spent years walking with families through grief as a licensed funeral director, and she is The Authenticity Center's menopause provider. Clients describe her as warm, insightful and disarmingly real, and she is comfortable with the conversations people sometimes struggle to have elsewhere. In her words, the second half of life doesn't have to be an afterthought. It can be lived with intention.

Speaking topics

Midlife, Menopause, and Mental Health

Women's Sexual Health and Intimacy

Book Cecile to speak

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