SPEAKER SHEET

Kayla Falgout

Licensed Professional Counselor (LPC)

The Authenticity Center, Lafayette, Louisiana

About Kayla

Kayla Falgout, LPC, uses creative and somatic approaches that put feeling ahead of talking, and she works with children from age 3 through adults. She is starting parenting classes, along with classes that teach children about their nervous system and anxiety, using the polyvagal theory. Kayla describes herself as thorough, knowledgeable and real.

Speaking topics

Parenting

The nervous system and anxiety, for children (polyvagal theory)

Book Kayla to speak

Call 337-400-9725 | Email theauthenticitycenter@gmail.com

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